Who Am I: Exploring (Mis)conceptions of Self

By Daniel Goldsmith

Out of Class | **In Class (Instructor)** | **In Class (Students)**

Begin Here.

5 minutes

Students:

- Get into 6 groups (5-6 students per group)
- Randomly choose a topic related to the question 'who am I?' from a bag*
- Choose a notetaker, a moderator, and a presenter for their group*

* Topics and roles are outlined in 'Activity Details' PDF

10 minutes

Instructor plays **Video Clip 1** about perception of the self

5 minutes

Students:

- Discuss meaning of the **Video Clip 1**
- Provide examples of what they think are self perception and identity

01

15 minutes

Based on the topic they pulled from the bag, each **group** lists:

- Ways in which a person can define themselves by this topic
- How this definition is lacking, false, or misleading

02

Work in Groups

Whole Class

Discussion

Present

Video

Instructor walks around the room to:

- Moderate student discussion
- Prompt groups that may be having trouble with their specific topic*

*See 'Typical Answers -Details' PDF for prompts

15 minutes

Groups:

- Take turns presenting their topic and ideas of self
- Add ideas to a concept map of self on the board

15 minutes

Students discuss the presented ideas as a class:

- What they agree/disagree with
- What strikes them as interesting or surprising
- What they don't understand

03

Instructor:

- Moderates class discussion
- Prompts class discussion if required*

*See 'Typical Answers -Details' PDF for prompts

10 minutes

Instructor:

- Reviews the concept map of self created by the students
- Discusses the fact that there may not be an answer to the question 'who am I?'
- Plays **Video Clip 2** that discusses the value of not-knowing the answer to the question 'who am I?'