

Example articles

1) *“Mindfulness in PTSD treatment”*, **Current Opinion in Psychology**, volume 14, pages 40-43, April 2017.

<https://www.sciencedirect.com/science/article/pii/S2352250X16301609?via%3Dihub>

2) *“Traumatic stress: effects on the brain”*, **Dialogues in Clinical Neuroscience**, volume 8, No. 4, 2006.

3) **Open access:** *“A Pilot Study of the Effects of Mindfulness-Based Stress Reduction on Post-traumatic Stress Disorder Symptoms and Brain Response to Traumatic Reminders of Combat in Operation Enduring Freedom/Operation Iraqi Freedom Combat Veterans with Post-traumatic Stress Disorder”*, **Frontiers in Psychiatry**, volume 8, article 157, August 2017.

<https://www.frontiersin.org/articles/10.3389/fpsy.2017.00157/full>