## **Muscle Snowballs**

By Tim Miller

## Description:

In this single-class activity, students write a physiological strength and a weakness on a piece of paper, crumple it, and throw at the instructor (Snowballing). Working as groups, students propose solutions to the weaknesses identified in the snowballs and learn to use precise terminology when discussing physiology and anatomy. See a full description <a href="https://example.com/here.">https://example.com/here.</a>

